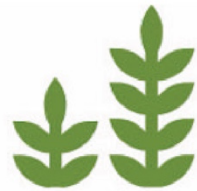


VISITOR INFORMATION GUIDE

AND GUEST SERVICE DIRECTORY



CENTER
FOR
SPIRITUAL
RENEWAL
AT CROSSPOINTE

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We are so glad you're here at The Center for Spiritual Renewal (CSR) at CrossPointe!

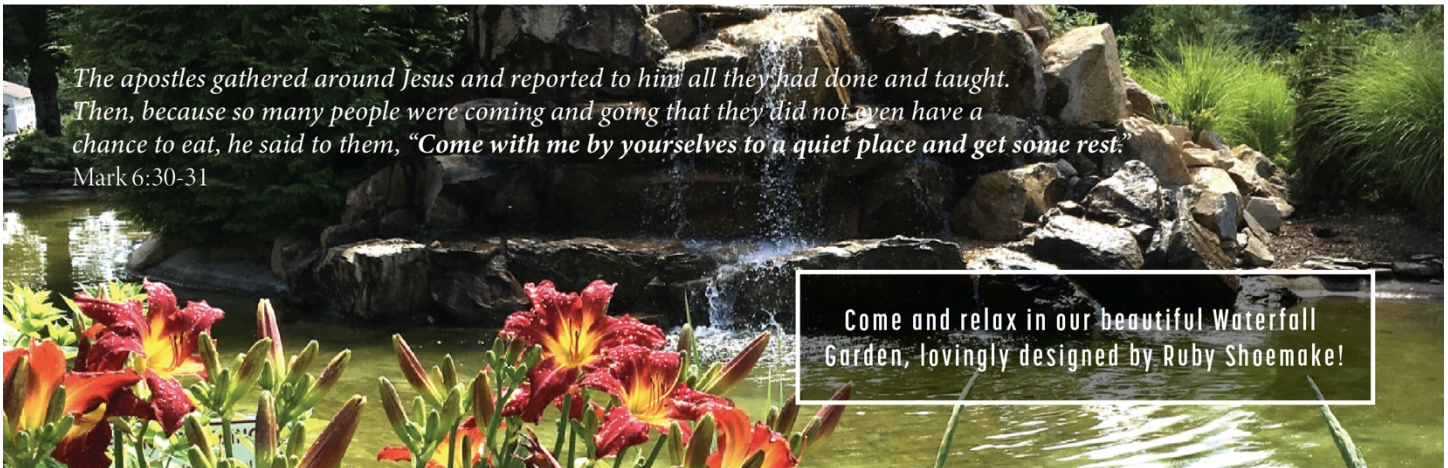
Located in Southwest Virginia amid a vibrant culture of music and art, where the views are spectacular, outdoor recreation is plentiful, history runs deep, and natural resources abound. ***This Is A Place Where Your Soul Can Come Alive!***

CSR has been specifically prepared for pastors and their spouses to come away and gain a fresh perspective as they reflect on their relationship with the Lord and with each other in authenticity. Our prayer is that as you heed His call to come away with Him where you will be encouraged, strengthened, and refreshed: spirit, soul, and body. We have a clear commitment to the overall health and well-being of Foursquare Pastors and their families, and the desire to provide a beautifully prepared place for them. Our commitment to caring, personal, confidential ministry to *YOU* was planted in 2006 by our Founding Director, Dr. Chuck Shoemake.

It is my honor and privilege to walk in Chuck's footsteps as CSR Director since 2015. If we've already scheduled time for us to connect while you're here, I look forward to it. If your primary purpose at CSR is a study break or sabbatical, I'd love to connect with you for coffee or lunch during your stay (*my treat!*). Please call me at 540.394.7222 to set up a time and place!

Our staff has been praying for your visit with us, that you will experience the touch of God's presence upon your life **PRECISELY** as He has planned it! If you have any questions or needs while you are here, please do not hesitate to let us know. We hope you enjoy your stay, and let us serve you, as you serve Him!

Paul Kuzma, MA
Director, CSR East



CROSSPOINTE CONFERENCE CENTER

The Center for Spiritual Renewal is located on the grounds of CrossPointe Conference Center.

CrossPointe is a Foursquare Conference Center located in Christiansburg, Virginia. CrossPointe hosts conferences and events, and houses several organizations on its campus, including the Center for Spiritual Renewal.

The facility provides a peaceful setting, and its goal is to honor the person and lordship of Jesus Christ and to create an atmosphere in which the transforming work of the Holy Spirit takes priority.

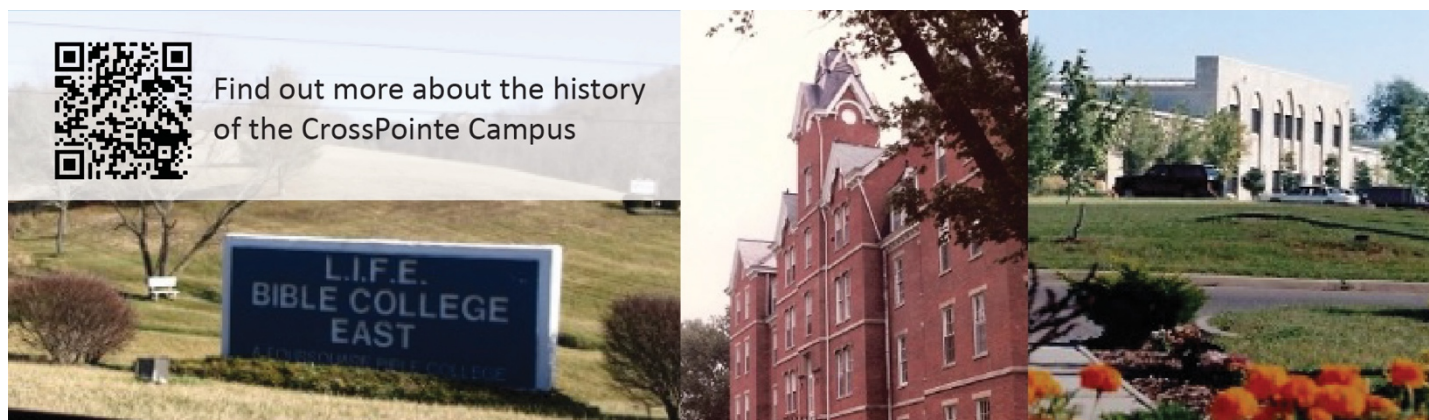
The Center for Spiritual Renewal exists to support Foursquare ministers and their families. Its mission is to support, strengthen and serve individuals, with an emphasis on *being* rather than *doing*. This facility provides a peaceful setting, and its mission is that of renewal in every dimension: spiritual, emotional, mental, physical, and relational: a ministry of wellness and wholeness to the whole person.

Center for Spiritual Renewal CORE OFFERINGS:

- **Study breaks:** Opportunities to study plan the year's preaching schedule or write.
- **Self-directed sabbaticals:** Opportunities to rest and be refreshed.
- **Counseling:** Opportunities to allow someone to walk in your story with you while you are here. Paul Kuzma serves as Director & Pastoral Counselor here at CSR East.
 - **Preventive Care:** individual, small group settings and occasional retreats to help avoid burnout, marriage and family problems, and other difficulties to which ministers are susceptible.
 - **Intervention Care:** individual care for those who are facing burnout; have experienced an overwhelming amount of stress, loss, or grief causing relational struggles, have doubts about calling, or are in situations that necessitate intervention.
 - **Crisis Care:** individual care for those who are experiencing a crisis in any area of life, necessitating immediate attention and care. Crises will be assessed and may be referred.

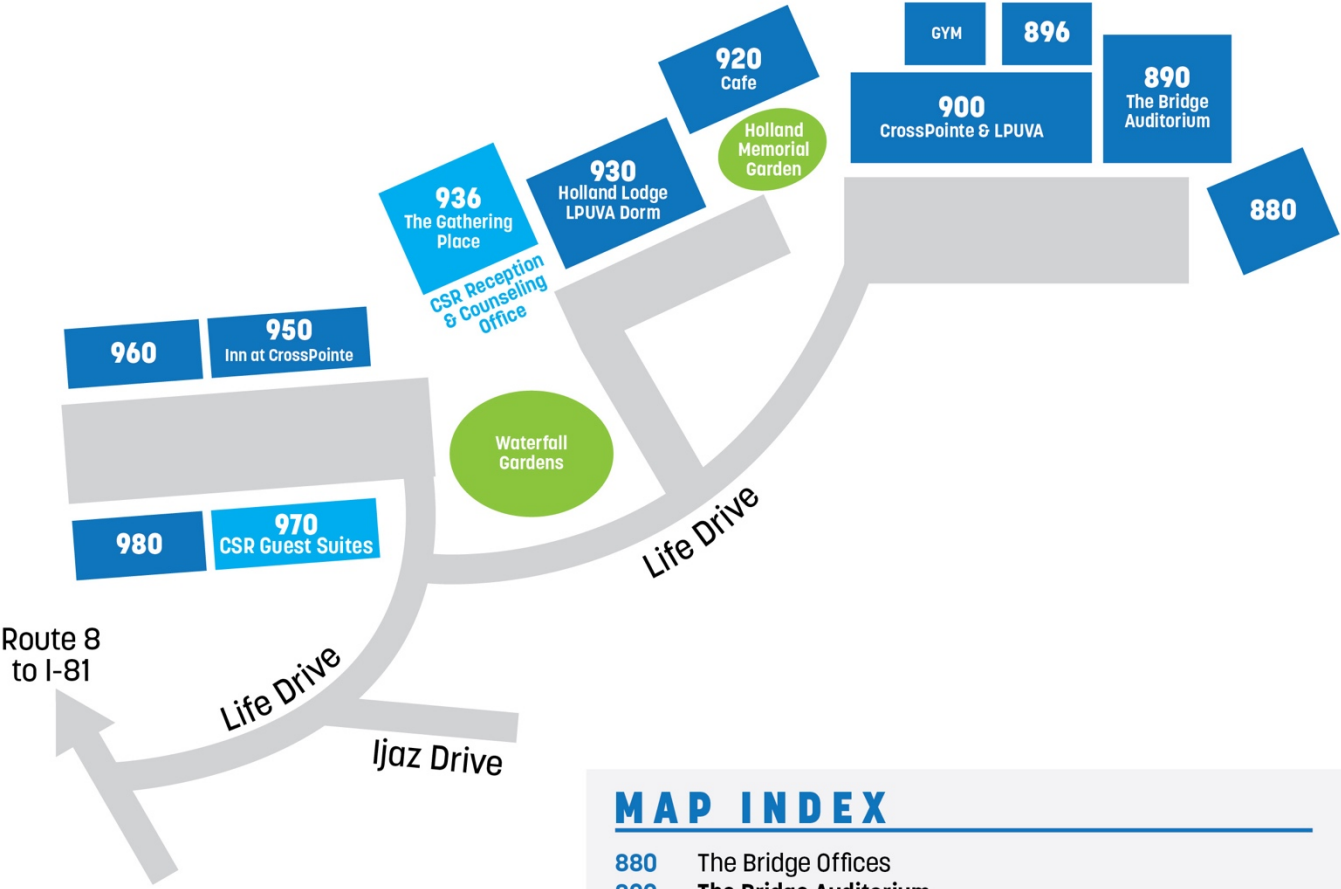
At Center for Spiritual Renewal East, we also host a *Caregiver Collaborative*.

This is a team of people who serve a variety of needs, such as Counselors/Therapists, Life Coaches that specialize in various needs of personal and professional coaching, and Spiritual Directors. From time to time, one of these Caregivers is present on campus. [A schedule of available Caregivers is available at this link.](#)



CROSSPOINTE FACILITY MAP

CrossPointe Conference Center
936 Life Drive
Christiansburg, VA 24073



MAP INDEX

- 880** The Bridge Offices
- 890** **The Bridge Auditorium**
The Bridge Christianburg Foursquare Church & Nursery
- 896** Bridges & Blossoms - The Bridge Preschool
The Bridge - NextGen Youth
- 900** **CrossPointe & LPUVA**
1st Floor - Gym, The Pointe, Student Services Office, Library
North Wing - CrossPointe Conference Center
New River Room, Blue Bridge Room
Cascade Room, Little River Room
South Wing - LPUVA Student Center
- 920** **The Cafe**
- 930** **The Holland Lodge / LPUVA Dorm**
1st Floor - Rooms 100 - 112
2nd Floor - Rooms 200 - 212
- 936** **The Gathering Place**
#45 - **CSR Reception** & CrossPointe Offices
#46 - **CSR Counseling Office**
- 950** **The Inn at CrossPointe Executive Apartments 1 - 12**
- 960** Apartments 13 - 24
- 970** **CSR Guest Suites 37 - 44**
#39 - Laundry Room
- 980** Apartments 25 - 36



The entire CSR at CrossPointe team is committed to providing you with a warm welcome, comfort, and a time of refreshing, during your stay at CSR. Your guest apartment has been furnished to the highest possible standard with first-rate furniture, artwork, and other amenities to enhance your stay. The Center for Spiritual Renewal is one of the best places to come away with the Lord and allow the Holy Spirit to do transformational work in your life.

To preserve the relaxing feel and peaceful ambiance of this apartment, we have established some guidelines that we believe will result in a more enjoyable time for you and your subsequent guests. We hope you enjoy your stay with us and will return to visit many times in the future.

In this guide, you will find basic information about your guest apartment and the use of your appliances. More detailed information about a specific appliance may be found in the variety of owner's manuals that are in the counter drawer directly below the microwave in the kitchen.

Your Address:

While staying at the Center for Spiritual Renewal please use this address for any food deliveries or if you may need to contact emergency service personnel.



Scan for Google Map

CrossPointe Conference Center
970 Life Drive, # (your apartment number here)
Christiansburg, VA 24073



HELPFUL INFORMATION FOR YOUR STAY

INSTRUCTIONS FOR APARTMENT ELECTRONICS & APPLIANCES

Use the QR Codes to access instructions and info for:



- Heating & Air Conditioning
- Electric Range
- Coffee Grinder & Maker
- Keurig Coffee Maker
- Entertainment Center



- Television



- Channel Guide

QUIET TIME

Please be considerate of your neighbors. The other CSR guests and pastors have also come to enjoy a season of solitude with the Lord during their Sabbaticals or Study Breaks. If you are using your TV, DVD, or CD player during the day, please moderate the volume, particularly if windows are open. At nighttime, please observe a "quiet time" after 9:00pm, after which time the volume be turned down to low or soft levels. Also, remember to "walk softly" if you are staying in an upper-level apartment.

INTERNET ACCESS

Complimentary wireless Internet access is available in every room.

Wi-Fi network: **CSR**

Password: **M@tt3w1128** (*case sensitive*)

SMOKING & PET POLICY

CrossPointe and the Center for Spiritual Renewal is a smoke and pet-free property. Smoking and pets are not permitted at any time in the guest apartments, rooms, facilities, or on the grounds. We know that you love your pets, and we are sorry for any inconvenience this may cause you. Any violation of this policy will result in the immediate removal of your pet. There are, however, several professional kennels in the area, most facilities being close enough to allow regular visitation between owners and pets during your stay at CrossPointe.

Kennel Name	Location	Phone Number	Distance from CSR
Hans Meadow Kennel	Christiansburg	(540) 382-8796	2.5 miles
Radford Animal Hospital	Radford	(540) 639-3891	10 miles

LAUNDRY

Each apartment has its washer and dryer for your convenience. They are located at the end of the hallway.

GARBAGE

Each guest is responsible to dispose of their garbage during their stay. The dumpster is located at the end of the parking lot behind Building C. Please check the map for the location of this facility.

1. Please do not leave trash in the breezeways.
2. Extra trash can liners for the kitchen are available under the kitchen sink.
3. At the end of your stay, please collect all trash and dispose of it properly in the dumpster.

HOUSEKEEPING

Your guest apartment has been thoroughly cleaned before your arrival. All beds have clean linens and clean towels in the bathrooms. Additional clean towels and linens may be found in the linen closet and the dresser drawers. **Maid Service and cleaning are not provided during your stay.** Guests are responsible for maintaining their apartments. A vacuum cleaner is in the utility room and the kitchen and bathrooms are stocked with cleaning supplies.

In the event you need additional towels or linens, please contact CrossPointe Central at (540) 382-7100 and we will bring you extras as soon as possible.

BREAK SOMETHING?

It occasionally happens! Someone knocks over a glass or drops a plate. In the event of the breakage of any item, please contact CrossPointe Central at (540) 382-7100 and leave a message with them. In the event of damage to an appliance, furniture, or the like, please contact us, and we will be happy to assist in resolving the situation. In the event of breakage or damage, you must contact us as soon as possible.

MAINTENANCE NEEDS

Problems?

For routine maintenance issues, please contact CrossPointe Central at (540) 382-7100. Monday - Friday, between 9am & 5pm and someone will respond as soon as possible.

Emergency Maintenance

Emergency Maintenance consists of ONLY the following:

1. No Water
2. Plumbing Back-up or Water Overflowing
3. Sparking wires or short circuits.

If any of these emergency maintenance situations occur in your apartment, please call our CrossPointe Emergency number at (540) 553-8150 and leave a voicemail. Someone will respond as soon as possible.

****Please note that problems with the air conditioning are NOT regarded as emergency maintenance, and nothing can be done to repair air conditioning units EXCEPT during normal business hours.***

For all other routine maintenance issues please contact CrossPointe Central at (540) 382-7100, Monday—Friday, between 9am & 5pm and someone will respond as soon as possible.



There is a fire extinguisher in the breezeway of each floor.

IN CASE OF FIRE...

When you hear an alarm, don't investigate, but do the following:

If a fire is inside your apartment...

1. Leave your apartment and close the door.
2. Report the fire by calling 911.
3. If during Monday - Friday, 9am - 5pm, call CrossPointe Central at (540) 382-7100.
4. If outside normal business hours, please call our CrossPointe Emergency number at (540) 553-8150 and leave a voicemail. Someone will respond as soon as possible.

If a fire is not in your apartment...

1. Test the door with your hand for heat before opening.

If the door is HOT:

1. Stay in your apartment.
2. If you are on the ground floor, open the window, push out the screen & exit.
3. If you are on an upper floor:
 - Fill the tub with water and seal the door with wet towels.
 - Cover your face with wet towels.
 - Wait for help.

If the door is COOL:

1. Open the door slowly.
2. Go down to the parking lot.
3. If exiting is unsafe, return to your apartment and follow the suggestions above.

PERSONAL VALUABLES

Guests are responsible for their property. Please do not leave money or valuables in your apartment and **keep your apartment's doors locked.**



LAUNDRY

- ✓ Do **NOT** make beds. Housekeeping will change the linens.
- ✓ Please strip the bedding, and leave the sheets, pillowcases **dry** towels, washcloths, and kitchen towels, in the wicker basket provided in the utility closet. *(Unless you have a washer & dryer, then just place them on the floor of the utility room.)*
- ✓ Place all **damp/wet towels** (not bed linen) in the bathtub.

FOOD

- ✓ Please remove any personal food items that you may have purchased, **INCLUDING** leftovers or perishables in sealed containers in the refrigerators.

DISHES

- ✓ Guests are responsible for washing their dishes, pots, pans, glasses, and utensils.
- ✓ On your last day, please load **ALL** dirty dishes in the dishwasher, add detergent and begin the wash cycle before departing.

TRASH

- ✓ Each guest is responsible to dispose of their garbage at the conclusion of their stay.
- ✓ On your last day, please empty all the small waste cans from the bedrooms & bathrooms into the kitchen trashcan, remove the liner & take it to the dumpster located behind Building C. Additional trash can liners are located under the sink.

HEATING AND AIR-CONDITIONING

- ✓ Summer - Leave thermostat on Auto and Set at 75 degrees.
- ✓ Winter - Leave thermostat on Auto and Set at 65 degrees.

FURNISHINGS

- ✓ Return all furnishings to their original locations.

PERSONAL ITEMS

- ✓ Check the apartment thoroughly for all your belongings as CSR/CrossPointe are not responsible for items left behind.

WINDOWS, LIGHTS & FRONT DOOR

- ✓ Be sure to close & latch all windows.
- ✓ Turn off all lights.
- ✓ When you leave please pull the front door shut completely. *(It will not be locked, but it can be shut tight.)*

COMMENTS

- ✓ To help us better serve our Foursquare pastors, please make any notes or comments on where we can make improvements. We want your future stay and experience at CSR to be a great one!

CHECK OUT

- ✓ Please let us know when you have left by leaving a voicemail at 540-382-7100



COMMUNITIES OF THE NEW RIVER VALLEY



Christiansburg

Christiansburg is the county seat for Montgomery County and the fourth largest town in Virginia. Among the famous travelers who made their way, and sometimes home in Christiansburg, are Booker T. Washington, Lewis & Clark, Davy Crockett, Daniel Boone, who crossed the Continental Divide in Christiansburg, and George Washington. Once a year, the Wilderness Trail Festival is celebrated honoring the history of Christiansburg. One of the connections between Christiansburg and the Town of Blacksburg, Virginia is the Huckleberry Trail, a unique biking and walking path where you can enjoy the peace and quiet of the country yet be within minutes of shopping or dining. We also offer an old-fashioned drive-in movie experience, a variety of national chains of retailers and restaurants along with a thriving and growing economic community.



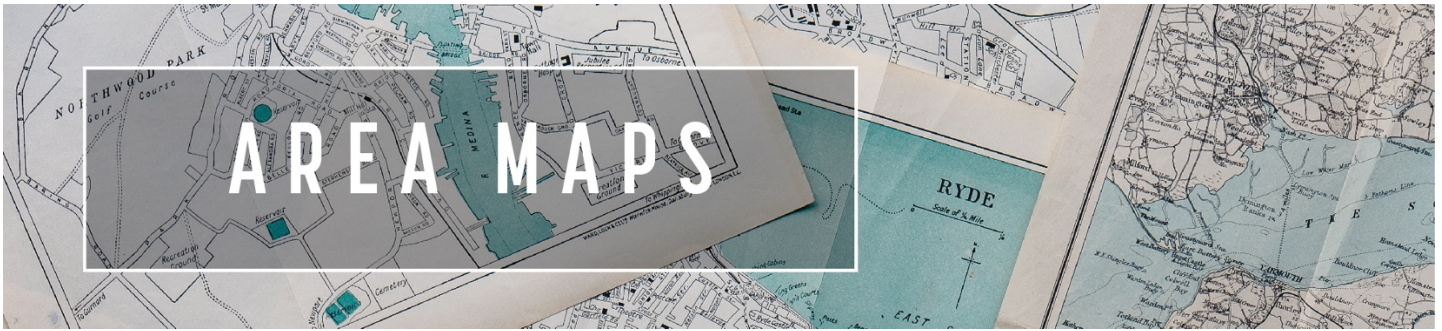
Blacksburg

Blacksburg is the second largest town in Virginia with a healthy, culturally diverse population of approximately 44,000 citizens living on just over 12,000 acres of land at the foot of the Washington-Jefferson National Forest. It was recently designated as a Metropolitan Statistical Area (MSA) and has been named the "most wired town in the United States" by Reader's Digest. Virginia's largest university, Virginia Tech, is in Blacksburg and is nationally recognized for its football program and research (it's in the top 50).



Radford

In the City of Radford, you will enjoy the small-town atmosphere while becoming an integral part of the culture and excitement of living in a college town. Radford College, now known as Radford University, was founded in 1913 as a state teacher's college for women and has progressed to a comprehensive state university with over 9,000 students. Radford is located off exits 105 and 109 of Interstate 81. Radford is the home to two former governors and for over 28 years, we have presented "The Long Way Home," an outdoor historical drama spanning the life of Mary Draper Ingles.



CHRISTIANSBURG

This general map of the major streets and highways of Christiansburg will help you navigate to the major shopping areas and attractions in town. A detailed street map of Christiansburg can be found in the office of your apartment.



THE NEW RIVER VALLEY

This general map of the major streets and highways of the New River Valley will help you find your way to Blacksburg, Christiansburg, and Radford. A detailed map of the New River Valley may be found in the office of your apartment.





AREA SHOPS AND SERVICES

HEALTH & MEDICAL

HOSPITALS

[Montgomery Regional](#)
[Carilion NRV Medical Ctr](#)

Blacksburg, VA
Radford, VA

CLINICS

[Carilion Family Medicine](#)
[Carilion Family Medicine](#)

Christiansburg, VA
Radford, VA

PHARMACY

[CVS](#)
[Davidson's Pharmacy](#)

Christiansburg, VA
Christiansburg, VA

DENTIST

[Christiansburg Dental](#)
[Richard A. Smith DDS](#)

Christiansburg, VA
Christiansburg, VA

FITNESS & SPAS

FITNESS CENTERS & HEALTH CLUBS

[Foley Health & Fitness](#)
[Crimper's Climbing Gym](#)
[Christiansburg Recreation Center](#)
[Christiansburg Aquatic Center](#)
[CrossFit Christiansburg](#)
[Planet Fitness](#)

Christiansburg, VA
Christiansburg, VA
Christiansburg, VA
Christiansburg, VA
Christiansburg, VA
Christiansburg, VA

SPAS

[Innovations Salon & Day Spa](#)
[Pampered Healing](#)

Blacksburg, VA
Christiansburg, VA

SHOPS & SERVICES

GROCERY STORES

Kroger's	Christiansburg, VA
Food Lion	Christiansburg, VA
Walmart	Christiansburg, VA

SHOPPING MALL

New River Valley Mall	Christiansburg, VA
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BANKS

The closest bank is the **Atlantic Union Bank** on the corner of **Main** and **Franklin Streets** in Christiansburg. Several other branches of national and local branches are located within a few minutes' drive.

Atlantic Union Bank	Christiansburg, VA
Wells Fargo	Christiansburg, VA
BB&T	Blacksburg, VA
Truist / SunTrust	Christiansburg, VA

ATM'S

The closest ATM is at the Citgo gas station just South of 1-81 on Rt. 8. Other ATMs are located at:

Atlantic Union Bank	Christiansburg, VA
Wells Fargo	Christiansburg, VA
BB&T	Blacksburg, VA
SunTrust	Christiansburg, VA
Bank of America	Blacksburg, VA (Inside Johns

POST OFFICE

Main Post Office	Christiansburg, VA
Downtown Post Office	Christiansburg, VA



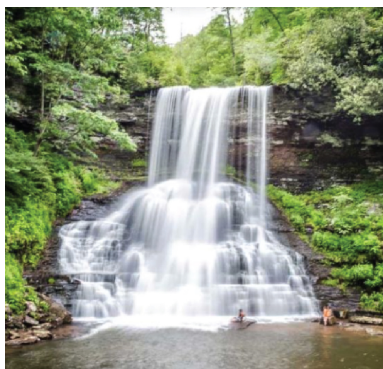
RECOMMENDED ACTIVITIES



BLUE RIDGE PARKWAY

A very popular attraction in southwest Virginia, The Blue Ridge Parkway follows the Appalachian Mountain Chain for 469 miles, much of it accessible right here in Southwest VA! All kinds of wildlife such as whitetail deer and black bears can be seen from the parkway. In autumn, the parkway is particularly known for the brilliant fall foliage produced by the dogwoods, hickories, maples, and oaks. [Mabry Mill is one of the world's most photographed locations and easily accessible on the Parkway.](#)

- From CrossPointe turn left on Route 8 for about 45 minutes to the Parkway entrance.
- Call the *Friends of the Blue Ridge Parkway* for more information 1-800-228-PARK
- Search your app store for the *Blue Ridge Parkway Travel Planner*



CASCADE RECREATION AREA

Located in the Little Stoney Creek Valley in Pembroke, VA on Route 623. The Cascades National Recreation trail ascends the gorge for two miles to the picturesque 68-foot Cascade waterfall. It's well worth the four-mile round trip to enjoy the view. Bring your swimsuit to swim beneath the falls but be prepared this mountain stream is chilly! The park facilities include picnic tables and grills. [More Info](#)



VIRGINIA TECH

Virginia Polytechnic Institute and State University, commonly known as Virginia Tech, was founded in 1872 as the country's first land-grant institution. It is Virginia's largest university and is ranked among the top 50 research universities in the country. Approximately 37,000 students attend the university each year. There are over 200 nationally ranked undergraduate programs within this outstanding university. The university museums, art galleries, and dining halls are open to the public. **The very poignant VA Tech Shooting Memorial is located on the Drillfield.** [You can access a map to it at this link.](#)



[THE FLOYD COUNTRY STORE](#)

Located a half-block east of the stoplight downtown, [Floyd Country Store](#) is renowned as a place to experience authentic Appalachian music and is home to a group of musicians, flat-foot dancers, and cloggers who are carrying on the tradition of their families who'd pass the time playing music and dancing together.

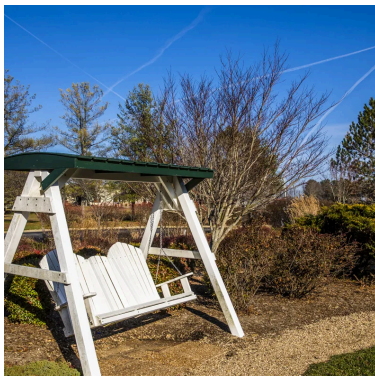
Everywhere they could, these folks would gather with their friends and families from their front porch to the neighbor's kitchen. In the 1980s, folks in Floyd took to coming out to the Floyd Country Store and began the Friday Night Jamboree tradition that continues today.

While **the Friday Night Jamboree is the signature weekly event and considered a therapeutic component of CSR by Director Paul Kuzma**, you can also enjoy Honky Tonk Thursdays (evening), Old-Time Jams on Sundays (2-4pm), and Bluegrass Jams on Sundays (4-6 pm).



A true cultural experience and a real country store, you can also browse through Virginia Made crafts, CDs, and musical accessories. You can also enjoy a meal at the food counter or a sweet treat from the Floyd Country Store Soda Fountain.

Make sure to set your map service for the trip to Floyd and back BEFORE you depart the campus, if you use your phone GPS, in case your cell service is spotty in Floyd.



[PRAYER TRAIL](#)

A Prayer Trail is regularly maintained by our Facilities Team. It takes you all the way around the perimeter of campus, is 2.2 miles long, and features 8 private prayer points for personal reflection. You will find a map of the Prayer Trail in your apartment, or [at this link](#).



[NEXTTHREEDAYS.COM](#)

A unique, local website listing events happening all around the New River Valley. Click the logo or link above to get there on your computer or mobile device.



ON CROSSPOINTE CAMPUS

Pastor Will Fillingham of The Bridge on the CrossPointe campus invites all the CSR guests to worship with the congregation on Sunday mornings at 9:00 & 10:45 am.

THE BRIDGE	thebridgeva.org	Pastor Will Fillingham	Sundays 9:00 & 10:45am
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OFF CROSSPOINTE CAMPUS

If you would enjoy visiting one of our other local Foursquare congregations, their locations and Sunday worship times are listed below. Double-check service times and locations at each church website.

<i>RADFORD, VA</i>			
COMMUNITY LIFE	clife.church	Pastor Rod Hidalgo	Sundays 10:45am

<i>VINTON, VA</i>			
EVANGEL	evangel4sq.com	Pastor Tim Wright	Sundays 10:00am

<i>ROANOKE, VA</i>			
HOPE CITY CHURCH	welcometohopecity.com	Pastor Joey Petty	Sundays 10:00am